# Mission Care

On Thursday, November 21st, we When we gathered representatives were privileged to host a grand from SVMC, UCS, local legislators, opening and ribbon-cutting ceremony to mark the official launch of MissionCare at Bennington. We Chamber of Commerce, the Better were deliahted to distinguished guests, including Dr. Jill commissioner of the Bowen. Vermont Department of Aging and Independent Living, and Deputy Commissioner Megan Tierney-Ward.

Both shared inspiring remarks about

the immense effort and dedication

Bennington to fruition. Deputy

in the planning and forming this vital

partnership from the very beginning.

now

efficiency,

care and life for Vermonters.

**MissionCare** 

realized

and

brought

vision.

and state officials. town the Bennington Rescue Squad, the welcome Bennington Corporation, and the Bennington Banner to celebrate this significant achievement for our community, it was evident that we are part of something extraordinary.



Left: Commissioner Bowen Right: Deputy Commissioner Tierny-Ward.

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This official ribbon-cutting event allows us to have a sense of pride as we moved forward, launching this program, honorina new our Commissioner Tierney-Ward, who is community partners, and retiring this month, expressed her celebrating the hard work that has sincere gratitude for being involved gone into establishing this vital within resource Vermont's healthcare landscape. A heartfelt at thank you goes out to MissionCare—a first of its kind in the community partners and the state—aims to break down barriers, dedicated iCare team for joining us most in commemorating this important importantly, improve the quality of milestone.

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iCare. *iCare* iCare. iCare iCare

December Observations

Entertainment



#### **Employee Spotlight: Lisa Bushee**

This month, we are thrilled to recognize Lisa Bushee for her incredible commitment and hard work, celebrating an impressive thirty years of service! Over her three decades with us, Lisa dedicated

## THANK YOU for 30 Years of Service!

five years to the kitchen and twentyfive in the laundry department. Known for her friendly personality and strong work ethic, Lisa is a beloved figure amona her colleagues, who often describe her as a joy to work with and a model of diligence. Residents also appreciate her willingness to assist wherever possible, often noting her uplifting spirit. Throughout her time here, Lisa witnessed has numerous changes in staff and residents, yet her grace, dedication, and positive outlook continue to set her apart. We are truly thankful to have her as part of the MissionCare family, and her presence enhances us all.



We are excited to welcome the newest additions to the MissionCare team and look forward to improving the level of care we deliver to you!





# Pie Eating Contest







Thank you, Jen, Amanda, Fawzia, Heather, and Ian for being such good sports!!



#### **The Month of December**

Seasonal Affective Disorder
Awareness Month

#### December 1

World AIDS Day

#### December 2-8:

National Hand Washing Awareness Week

#### December 6-12:

National Influenza Vaccination Week



Be Sure To Connect With Abby Scott, Bussiness Office Assistant The week of **December 2nd** to withdraw money from your RFMS account for shopping at the Holiday Craft Fair!



Every year, countless Americans experience a condition that causes notable shifts in mood as the seasons change. This condition, known as Seasonal Affective Disorder (SAD), is most prevalent during the late fall and winter months when sunlight is scarce and temperatures drop. Fortunately, symptoms often improve in the spring and summer. If you recognize a seasonal pattern in your mood changes, it's wise to prepare in advance. Consider incorporating regular exercise, seeking therapy around September, or engaging in activities offered at your nursing home. We encourage you to share your experiences with us, so we can provide you with the best possible support.

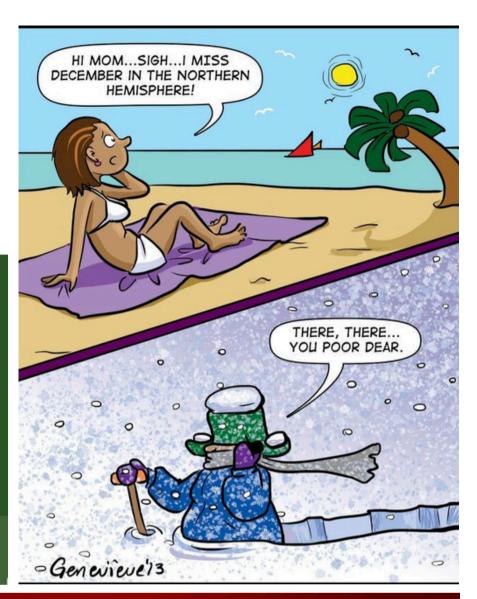
### <u>Entertainment</u>



What did the gingerbread man put on his bed?

A cookie sheet!





### Riddle of the Month

Spelled forwards I'm what you do every day, spelled backward I'm something you hate.

November's RIDDLE

**Answer: LETTUCE!** 

## HOLIDAY WORDS SCRAMBLE

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MISSIONCARE AT BENNINGTON

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